

## Unit: Our bodies

**Musical focus:** Beat  
**Subject link:** PE

### MEDIUM TERM PLAN

LESSON

1

#### LESSON LEARNING

- Recognising and responding to steady beat
- Recognising and responding to a rhythm ostinato pattern
- Recognising and playing rhythmic patterns

#### TEACHING ACTIVITIES

##### The waggon passes

Recognise and respond to an ostinato

##### Come to the party ~ chorus beat

Recognise and respond to steady beat

##### Come to the party ~ verse rhythms

Recognise and respond to rhythm

#### LEARNING SUPPORT

To help, remind the children of the three **Come to the party** rhythms, notate them using simple symbols to represent each sound, eg

You can eat cake . . . . .  
You can blow bubbles 0 0 0 0  
You can blow the candles 1 1 1 1

LESSON

2

#### LESSON LEARNING

- Recognising and responding to steady beat at different tempi
- Playing steady beats at different tempi on body percussion and instruments
- Singing in two parts and combining steady beats

#### TEACHING ACTIVITIES

##### Dance of the knights

Listen and respond to different steady beats

##### Slowly walks my grandad

Listen and respond to three different steady beats

##### Grandad's band

Combine three different steady beats on instruments

#### LEARNING SUPPORT

Give children sufficient practice at making whole body movements to each of the three speeds of steady beat, before progressing onto body percussion and instruments.

LESSON

3

#### LESSON LEARNING

- Recognising and responding to different steady beats
- Performing rhythmic movement patterns to a steady beat
- Performing rhythmic patterns on percussion

#### TEACHING ACTIVITIES

##### The ball

Recognise and respond to different steady beats

##### Throw bounce twist

Perform a rhythmic movement pattern to a steady beat

##### Throw bounce twist play

Perform a rhythmic pattern on percussion instruments to a steady beat

#### LEARNING SUPPORT

Help children to focus on the steady beat as they listen to **The ball** by closing their eyes to identify and tap the beat.

# Our bodies

Beat

Music Express Age 6-7  
ASSESSMENT SHEET



## IN THIS UNIT, CHILDREN WILL BE:

1. Recognising and responding to steady beats, including at different tempi (Lessons 1, 2, and 3)
2. Recognising and playing rhythmic patterns (Lesson 1)
3. Recognising and responding to a rhythm ostinato pattern (Lesson 1)
4. Playing steady beats at different tempi on body percussion and instruments (Lesson 2)
5. Singing in two parts and combining steady beats (Lesson 2)
6. Performing rhythmic movement patterns to a steady beat (Lesson 3)
7. Performing rhythmic patterns on percussion (Lesson 3)

WORKING AT	WORKING TOWARDS	WORKING BEYOND
(names/comments)	(names/comments)	(names/comments)

## KEY NATIONAL CURRICULUM AREAS COVERED

- Pupils listen to, review, and evaluate music across a range of styles and genres, including the works of the great composers
- Pupils learn to sing and play a musical instrument
- Pupils explore tempo and timbre
- Pupils create music on their own and with others