

PSHE Curriculum

Intent	<p>The intent of our PSHE curriculum is to help pupils develop the knowledge, skills and attributes they need to live a healthy, safe and fulfilling life. It covers a range of topics, including:</p> <ul style="list-style-type: none">• Health and wellbeing: This includes topics such as physical health, mental health, emotional wellbeing, and relationships.• Relationships: This includes topics such as friendships and family relationships.• Living in the wider world: This includes topics such as citizenship, democracy, and the environment. <p>The PSHE curriculum aims to help pupils develop the following:</p> <ul style="list-style-type: none">• Knowledge: Pupils should acquire knowledge about a range of topics that are relevant to their lives.• Skills: Pupils should develop skills such as communication, problem-solving, and decision-making.• Attributes: Pupils should develop attributes such as resilience, self-confidence, and empathy. <p>The PSHE curriculum is important because it helps pupils to develop the skills and attributes they need to be successful in life. It also helps them to become responsible citizens who are able to contribute to society.</p>
Implementation	<p>Our whole curriculum is shaped by our school vision which aims to create a positive, safe and nurturing environment, where everyone belongs and is encouraged to shine and become the best they can be. The PSHE curriculum is typically taught on a spiral basis, which means that topics are revisited throughout the school years. This allows pupils to build on their knowledge and understanding of each topic over time. Lessons are adapted so that all children can access the learning and be challenged. This means that lessons should be tailored to the individual needs of pupils, taking into account their age, maturity, and prior knowledge. The PSHE curriculum is taught using a variety of teaching methods, such as:</p> <p>Discussion: Discussion is a good way to encourage children to share their thoughts and feelings about different topics;</p> <p>Role-play: Role-play can help children to develop their understanding of different situations and to learn how to deal with difficult emotions;</p> <p>Problem-solving: Problem-solving activities can help children to develop their decision-making skills and</p> <p>Creative activities: Creative activities, such as writing, drawing, and drama, can help children to express themselves and to explore their emotions. Circle times are used to create a safe and supportive space for children to share their thoughts and feelings. They are also be used to discuss current events, address bullying or other issues, and build relationships. By supplementing the PSHE curriculum with circle times, we ensure that pupils are getting the support they need to develop the knowledge, skills, and attributes they need to live a healthy, safe, and fulfilling life.</p>
Impact	<p>By the time children leave Newtown School they will be able to:</p> <ul style="list-style-type: none">• Make healthy choices.

	<ul style="list-style-type: none">• Be more resilient• Be better at communicating• Be more responsible• Understand and manage their feelings
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